



Volunteer Engagement Activities:

Choose activities to **advocate**, **educate**, and **rally** your community. All Student Leaders and Team One Love Clubs are expected to complete 2 activities per semester. Find all the tools you need to get started on the [education center](#) in the Volunteer Materials section of the resource library.

ADVOCATE: Help the decision makers in your community understand why relationship health education is critical for all youth.	Level:
Introduce One Love via Email: Research new connections or reach out to your existing network to share the importance of relationship health education by pitching the benefit of One Love workshops in your community.	1
Spread One Love’s Mission: Speak at an assembly, event, workshop, or community gathering on what One Love does and why it matters to you!	2
Pitch One Love to a School: Craft your story of self, us, and now and prepare to pitch your favorite One Love workshop to school and community decision makers.	3
Advocate to your School District or Government Institution (Local, State, Federal): Write emails, make calls, schedule meetings, or speak at district meetings on why this education is essential for your greater community. To learn more, email volunteer@joinonelove.org .	3
EDUCATE: Coordinate and facilitate One Love’s educational workshops in your community.	
Educate through Social Media: Create 2 posts that educate on relationship health using pop culture, statistics, and anecdotes and share it with us! We encourage centering posts on Domestic violence awareness month.	1
Create and Provide a Resource List for Accessing Help: Create a resource card that provides support and counseling for your community. Include the contact information for local organizations, shelters, hotlines, and other community specific resources.	2
Coordinate or Facilitate a Workshop: Become a trained facilitator on the One Love Education Center and lead a workshop using One Love’s workshop materials.	3
RALLY: Build awareness of One Love through fundraising and school wide and community events.	
Host a Community Engagement: Help your peers recognize healthy relationships by hanging posters, creating an interactive activity, or tabling to build awareness on campus.	1
Create or Host a Fundraiser: Plan and host a fundraiser to raise money and awareness for One Love.	2
Host a Game Dedication: Bring One Love education to athletes at your school through a workshop and dedicating a game to One Love.	3
Create or Lead a Team One Love Club: Bring One Love to your school by creating a club and engaging your peers who are passionate about relationship health education.	3

Struggling to get started? Reach out and set up a 1:1 with our Manager of Student Leadership hali.holtzman@joinonelove.org