



February 6, 2023

Subject: California Healthy Youth Act - Request for Involvement

Dear California Law Maker,

On behalf of the [One Love Foundation](#) and our youth leaders, we humbly and urgently request your involvement in helping school districts, high schools, and middle schools fulfill the requirements of the [California Healthy Youth Act](#) (CHYA), which requires school districts to provide comprehensive sexual health education, including relationship abuse prevention education, once in middle school and at least once in high school.

One Love offers free evidence-based workshops, lesson plans, discussion guides, and wraparound resources that are age appropriate for students. Our mission is to end relationship abuse and provide young people with the tools and resources they need to see the signs of healthy and unhealthy relationships and bring life-saving prevention education to their communities. We have partnered with California schools for many years and our curricula directly supports and is aligned with CHYA's requirement to "provide pupils with the knowledge and skills necessary to have healthy, positive, and safe relationships and behaviors." It has been used in 233 schools throughout 148 cities and 36 counties in California.

Specifically, our request is for you to:

1. Raise Awareness - CHYA is a Mandatory Requirement in Schools

- Discuss with statewide colleagues in caucus, committee hearings, etc.
- Place CHYA information on your Assembly/Senate website and include access to One Love's no-cost relationship health materials.

2. Encourage Implementation of Relationship Health Education at the State and District Levels

- Reach out to the County and District Superintendents and Middle and High School Principals in your district ([See CA Dept. of Education letter from Tony Thurmond, December 10, 2020](#)) to learn how they are fulfilling the CHYA requirements.
- Introduce One Love's free curricula and our staff to Middle and High School Principals and Local Leaders in your district to facilitate access to our relationship health education materials that support and align with CHYA requirements.

3. Support Opportunities that Reinforce the Full and Meaningful Implementation of CHYA

- Work with colleagues at the state or local level to provide oversight and assessment of implementation of CHYA education in schools in your district and around California.
- Continue to invest in resources needed to see equitable distribution and access to relationship abuse prevention education and curriculum in all areas and schools around the state.

One Love is prepared to support policy makers, school districts, and educators in ensuring that the implementation of relationship health education for all California students is attainable and we need your help to do so.

We hope to join conversations in alliance with you and your colleagues to ensure California's young people have the knowledge, skills, and tools they need to thrive in recognizing, building, and maintaining healthy relationships.

Should you have any thoughts, questions, or requests, please feel free to contact me at tracey.broadhead@joinonelove.org or 510-292-6264 (cell).

In partnership,

Tracey Broadhead
Executive Director, California
One Love Foundation